Having a child with ADHD can be challenging, exhausting and emotional. Parents face issues on a daily basis regarding this hidden disability. If you feel the need to be part of a Support Group where you can share your experiences, stories and knowledge and be supported by other parents who truly understand the struggles of life that families and their children go through everyday, then please join us for a coffee in a relaxed and non-judgmental environment. Meetings are open to all people from surrounding Suburbs.

Meetings for 2015 are as follows:

- Feb 12th
- March 12th
- April 23rd
- May 21st
- June 18th
- July 23rd
- Aug 20th
- Sept 17th
- Oct 15th
- Nov 12th
- Dec 3rd (Xmas Party)

Time: 10.00am - 12.00pm
@ Cranbourne Community House
49 Valepark Cres, Cranbourne

Cost: Gold Coin Donation

For enquiries ring Flora or Ann at Cranbourne Information & Support Service 5996 3333