Who’s in Charge?

Does your child hurt, intimidate or abuse you? Do you feel you are losing control? Want to better handle conflict?

Reclaim respect and calm in your family!

The Who’s in Charge? group is a 7 week program for parents or carers of young people (8 to 18) who are beyond control, violent or defiant.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child’s behaviour
- Explore ways of increasing safety and well-being
- Help you feel more in control and less stressed

Starting – Wednesday 19th February 2014 @ 9.30am - 12.00pm
Finishing – Wednesday 2nd April 2014 (longer session)

At the Dandenong Uniting Church
Corner of Scott & Robinson Streets, Dandenong 3175

Enquiries & Enrolment (essential):
Contact the Group Workers at Cranbourne on 5990 8400

Gold Coin Donation

Further info on violence to parents: www.eddiegallagher.id.au

www.connections.org.au